



EVERYDAY ACTIVISM PROJECT

Hope: Visions for the future

Covid-19 Guidelines for the Youth City Future Lab Camp

During the camp we follow the guidance from the Danish Health Authority



WHAT DO WE DO BEFORE THE CAMP:

It's a requirement for entering the camp, that you can attest a negative COVID-test (rapid-test or PCR) that is no more than 72 hours old.

If you are fully vaccinated you also have to attest a negative COVID-test before entering camp site

Be aware that if you have received your vaccination within 4 weeks, the test result can turn out false positive. Therefore, you are excepted to show a test at the camp site, but have to attest a recent vaccination.

WHAT DO WE DO AT THE CAMP:

Friday we will visit a test center in Aarhus for an extra test – just for the sake of safety 😊

At the camp everybody pay attention to hygiene and cleaning by:

- Washing your hands frequently and thoroughly with soap and water or using hand sanitizer if you do not have access to soap and water. Using hand sanitizer is as effective as washing your hands and there will be a lot of sanitizers at the camp site
- Good handhygiene is especially important after using the toilet, after blowing your nose and before you handle food or enter the food court. It is important to care for your hands, for example by using an unscented rich hand cream to prevent dry hands and eczema.
- Avoid touching your face. Cough or sneeze into a disposable tissue/kitchen roll paper or into your sleeve. Place used disposable tissues in a bag and tie securely.
- Do not share towels with other people.

We will be outside most of the time, which minimize the risk of infection.

If you develop symptoms during the camp and are unsure whether it is COVID-19, you should act as if you are infected with novel coronavirus, as follows:

1. Contact the person in charge of your youth council
2. Self-isolation will be possible at the camp while we arrange a test.
3. Pay extra attention to hygiene and cleaning while being isolated
4. We will arrange for you to be tested. This also applies if you are fully vaccinated. Typical symptoms of COVID-19:
 - Fever
 - Dry cough
 - Difficulty breathing
 - Loss of sense of taste and smell
 - Fatigue
 - Sore throat

If you have further questions, please contact us: Pernille Refstrup, tlf. 51575717 mail: pere@aarhus.dk

