



# WELCOME TO FOLKESTEDET IN AARHUS

[www.folkestedet.aarhus.dk](http://www.folkestedet.aarhus.dk) and [facebook.com/folkestedet](https://facebook.com/folkestedet)



FOLKESTEDET





## Welcome to Folkestedet, Aarhus

Folkestedet is your locale community center. A place where you find presence, diversity, and people who are passionate about making a difference for other people in the city.

Some of the things you can experience are:

Social dining, art exhibitions, concerts, markets, talks and much more. You can also enjoy a lovely lunch or a cup of coffee in our café with a great view.

We also have a large outdoor area including a climbing tree and outdoor fireside, both can be used as you like.

If you are part of a community or group you can use Folkestedets rooms.

The purpose of Folkestedet is to help give Aarhusians an active, exciting and varied life with a focus on activities across interests, age and background.

You can meet more than 5000 happy and creative people of all ages at Folkestedet every single week all year round, and many contribute with voluntary work.

Folkestedet belongs to Aarhus Municipality, Sundhed og Omsorg (MSO), and our goals are to:

- create the framework for development and association activities of a health-promoting and preventive nature
- give Aarhusians the opportunity to create experiences for themselves - and for others! In short: Joy of life and community!
- promote the voluntary effort in Aarhus.

Follow our social media and read more on our webpage for updates regarding activities in the house:

**[www.facebook.com/folkestedet](https://www.facebook.com/folkestedet)** and **[www.folkestedet.dk](http://www.folkestedet.dk)**.



## How can you use Folkestedet?

### Association and group activities

If you are a member of an association or group, you can use our rooms for your activities free of charge. We have rooms in many sizes that can accommodate both a small card club or a large salsa team.

On our website under the tab: "Lån et lokale" (Borrow a room) you will find an overview of our many rooms, as well as a guide on how to book a room.

### Do you have an idea for an event at Folkestedet?

Do you - or your association / group want to arrange an event at Folkestedet (which has to be open for everyone) - we would like to offer you our facilities.

It can be everything from concerts, talks and theater to dance performances, exercise day and creative workshops.

Send an email with your ideas to **folkestedet@mso.aarhus.dk**.

### Become a volunteer at Folkestedet

Would you like to make a difference and be a part of our wonderful community?

The opportunities we have for volunteer work at Folkestedet at the moment is:

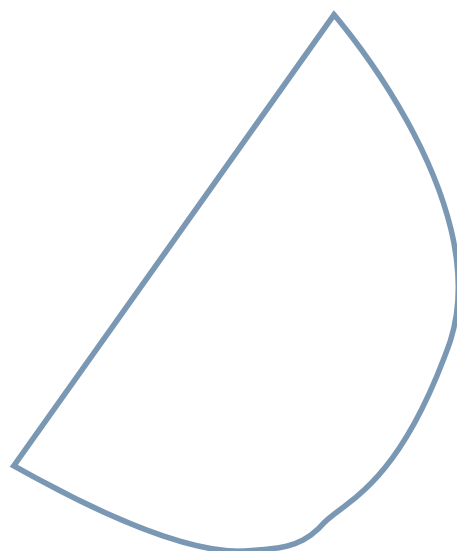
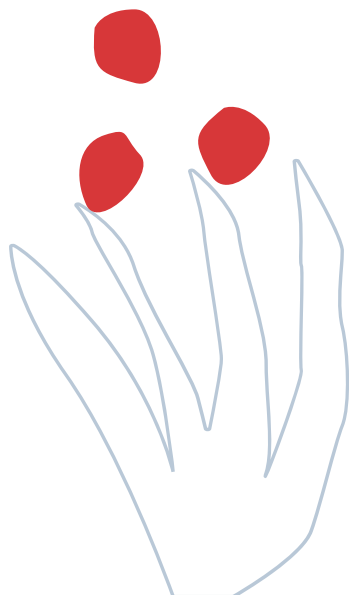
- Volunteer team leader in **Værdibørsen** - witch purpose is to increase the well-being of early retirement and flex-jobbers.  
Contact Værdibørsen: + **45 41 85 94 34** or at e-mail: **vaerdi@mso.aarhus.dk**
- Volunteer receptionist - Contact Lise Koefoed-Nielsen on her e-mail: **li.ko@sol.dk** for more information.



- Volunteer in the café - Visit us or send an e-mail to:  
**cafevolkestedets@fo-aarhus.dk.**
- Water the plants

As a volunteer at Folkestedet, you will get plenty of amazing experiences as well as the opportunity to make new friendship and connections.

Are you interested in a volunteer job at Folkestedet you can contact Anja: **+45 61 94 30 12.**





## Café Folkestedet

In our lovely café there is always delicious food on the menu - and it's cheap.

The café is located with a beautiful view of Aarhus Aa and Ceres city. You can enjoy a good breakfast / brunch, lunch or just enjoy a cup of coffee in beautiful and cozy surroundings.

### Café - opening hours:

Monday to Thursday from 9.00 - 15.00

Friday from 9.00 - 14.00

(We are closed on weekends and on public holidays)

See the menu on the website under the tab:  
"Café Folkestedet".



### Join in for social dining

Be a part of our cozy social meals - on the 1st Wednesday of the month. Get more information on our website under the tab "Café Folkestedet".

### Catering for events and meetings

You have the option of ordering food for your meeting or event at Folkestedet. Send your inquiry to: **cafe@folkestedet@fo-aarhus.dk**.

### Parking

As a guests in the café you can get a parking permit valid for 75 minutes. Get your parking permit at Folkestedets reception.



## Who else can you meet at Folkestedet?

Beside all the clubs, communities and groups that uses our house, you also can meet:

- Værdibørsen
- Fra arbejdsliv til seniorliv
- FO – ud af røret
- Folkestedets Venner / friends
- GoPaddle

Read more about this on the next pages...





Værdibørsen/vaerdiboersen is a community for all the citizens who are either early retiree or flexjobbes. We help you get a new network and the opportunity to share great new experiences with like-minded.

To us, the project is all about bringing our own qualities, interest, and resources forward. We want to provide the opportunity to create relationships and togetherness while you do fun and exciting activities.

In Værdibørsen, we offer a wide range of teams, events and theme days that you can participate in, and all activities are free.

For example, you can meet new people at Café Mødestedet or sing and play music with others. You can also bring your knitting and join the knitting team and much more.

Contact Værdibørsen on phone: **+ 45 41 85 94 34** or e-mail: **vaerdi@mso.aarhus.dk**.

Read more at our webpage: **[www.vaerdiboersen.aarhus.dk](http://www.vaerdiboersen.aarhus.dk)** or follow us on **[facebook.com/vaerdiboersen](https://facebook.com/vaerdiboersen)**





## Fra arbejdsliv til seniorliv - "From Working life to senior life"

The project "From working life to senior life" works to guide future pensioners in the transition from working life to senior life.

We want to make it easier for the target group to prepare for the transition and we inspire to subsequently have a daily life with lots of joy and a high quality.

If you are curious about the project, you can read more on the website **[www.arbejdsliv-seniorliv.dk](http://www.arbejdsliv-seniorliv.dk)**.

You can also contact project manager Trine Damgaard Møller at: **+45 41 86 44 00** or e-mail: **[trdm@aarhus.dk](mailto:trdm@aarhus.dk)**.

## FO - Ud af Røret 8000 C

'FO – Ud af Røret' is group-teaching for pensioners and early retirees - on different days of the week.

You can participate in english, yoga, linedance, mindfulness, pilates, cooking, dancing and much more.

Read more at **[www.folkestedet.dk/8000c](http://www.folkestedet.dk/8000c)** or contact Jette Bach at on phone: **+45 87 46 45 50** or e-mail: **[jba@fo-aarhus.dk](mailto:jba@fo-aarhus.dk)**



## Folkestedets Venner/Friends

Folkestedets Venner / Friends is an association whose purpose is to create activities for citizens in Aarhus Municipality.

The aim of the activities is, among other things, to:

- create relations
- strengthen diversity
- prevent loneliness
- make arrangements for vulnerable citizens
- make arrangements for the mature audience.

Folkestedets Venner is an independent association with a strong board and not least its own finances, where they are responsible for all expenses in connection with their events.

They have a great desire to make their mark on Folkestedet with a stage for music, theater, lectures, etc.

Contact us if you want to know more or become a member - send an e-mail to: **vennerne@folkestedet.dk**.

We always need more members, and we look forward to welcoming you.

## GoPaddle/ Den Blå Rambla

The water sports association "GoPaddle" is responsible for the Blue Ramblas canoe rental in collaboration with Idrætssamvirket Aarhus, Folkestedet, UNO-Friluftscenter and Aarhus Municipality.

Every year from May to September you can sail in a canoe along Aarhus Aa with start from Folkestedet.

Read more and book your trip on: **[www.denblårambla.dk](http://www.denblårambla.dk)**



## The buildings history

Folkestedet is housed in the old "Hammelbanegaard" from 1902.

Since the railway station were closed in 1956, the old buildings have been used for a bit of everything. Here is the timeline chronologically:

**1902 - 1956** - Hammelbanegaard

**1957 - 1963** - Business archive

**1963 - 1965** - Prehistoric archeology

**1966 - 1973** - Geophysics, Aarhus University

**1973 - 1982** - Jydsk Fritidspædagog Seminarium (later Jydsk Pædagog-Seminarium)

**1983 - 1987** - Mølleengens beboerhus, Aarhus Sound/diasværksted og Aarhus Folkemusikhus

**1988 - 1993** - Aarhus Daghøjskole, Aarhus Filmværksted og Aarhus Folkemusikhus

**1993 - 2012** - City museum, Aarhus Folkemusikhus og Aarhus Fotografiske Amatørklub. In 2005 the city museum was expanded with a 1200 sqm extension.

**2012 -**

Folkestedet opens with a small group of clubs and associations from the former volunteer houses. Today there are approximately 500 associations and groups using the house every year.



See you at Folkestedet



**FOLKESTEDET**

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SUNDHED OG OMSORG  
Aarhus Kommune