FOLKETS MØDE

- Del dit fællesskab

September 27th-28th 2019

A weekend celebrating volunteerism and community

Folkets Møde venues



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Welcome to Folkets Møde 2019

In 2018, we celebrated volunteering and active citizenship in Aarhus. As European Volunteering Capital, we hosted the Folkets Møde Volunteering Festival, which celebrated and recognized the many different ways we contribute to the development of our society as volunteers and active citizens.

And we're doing so again this year at the Folkets Møde Volunteering Festival 2019. Because in Aarhus, we believe it should be easy, fun and accessible to volunteer and contribute to the development of new paths to welfare.

On Friday September 27, which is also national Volunteer Friday here in Denmark, we'll kick off a fun, productive and inspiring weekend of exploring and celebrating volunteerism and active citizenship when we open the Folkets Møde Volunteering Festival 2019.

During the weekend, there will be plenty of opportunities to meet, debate and learn from others who are engaged in volunteering and active citizenship.

The purpose of the Folkets Møde Volunteering Festival is to foster democratic debate and create a space for dialogue. We need to talk together, listen to each other and embrace each other's differences. Learn more about What motivates volunteers and how to retain them, and what challenges and barriers citizens, employees, voluntary associations and organizations experience. And finally, we need to share our communities with each other.

On behalf of the Folkets Møde Volunteering Festival, I look forward to spending a weekend dedicated to volunteerism and sharing communities with you.

#DELDITFÆLLESSKAB Jacob Bundsgaard, Mayor of Aarhus

Oppening of Folkets Møde

Friday September 27th

Time: 14:30

Where: FO-Byen

Speeches, communal singing and lots of hygge

#delditfællesskab

When	What	Where	Who
09:00-11:00	Meet Sind Come and have a chat with members from the Danish Association for Mental Health and learn more about Sind.	FO-Byen Yard	Sind Pårørenderådgivning / Sind Erhverv
10:00-16:00	Meet Landsforeningen spor Get to know more about the association.	FO-Byen Yard	Landsforeningen Spor
10:30-12:00	Morning politics Debate relevant political issues with local politicians.	FO-Byen Café Nicolai	Sager der samler
11:00-15:00	Hjertecafe Learn more about hearts, heart diseases and related issues.	FO- Byen Yard	Hjerteforeningen
12:00-13:00	What is liberalism for you? How is it to join a youth political association.	FO-Byen Yard	VU ungdom
12:00-14:00	Community Grill Get a roasted sausage and a drink from the Community Grill, where our volunteers will tell you all about the joy of	FO-Byen Yard	Ældre Sagen

being a volunteer.

Friday, September 27th Who When Where What Det Kærlige Måltid 12:00-17:00 Det Kærlige Måltid FO-Byen Meet the young volunteers Yard who prepare dinners for families affected by temporary crisis. **Meet Frivilligcenter** FO-Byen **Frivilligcenter** 13:00-16:00 Yard **Aarhus** The communication team from Frivilligcenter Aarhus, is a team of engaged and devoted volunteers, whom helps citizens to find the right mission. 13:00-14:00 Volunteerism Fællessekretariatet FO-Byen Stiften for frivillighed og Philosopher and author Lounge samskabelse Preben Beck Astrup. from the University of Aarhus, talks about how a strong voluntary commitment makes us all richer. Frivilligcenter FO-Byen 14:00-15:30 CSR workshop **Aarhus** Get some inspiration on Lille sal how to enter into strategic collaborations between voluntary associations and private companies. for the benefit of both sides. 14:00-16:00 Happening on friendshipsFO-Byen Jysk Børneforsorg/ and communities Yard Fredehjem Come and spend the day celebrating friendship.

Friday,	September 27th
When	What

When	What	Where	Who
14:00-17:00	Learn about psychiatry Come learn about psychiatry through relaxed and hyggelige quizzes with small prizes	FO-Byen room VA8-201	Gallo Huset Gallo Gartneriet
14:00-17:00	Meet Folkenetværket Folkenetværket works on health promotion and exercise. Everyone can attend, regardless of physical ability.	FO-Byen Yard	Folkenetværket
15:00-16:00	Create values with volunteers Come hear different contributors and volunteers experience!	FO-Byen room VA8-203	Visit Aarhus
15:00-16:00	Tours on wheels Discover Aarhus from a wheelchair.	FO-Byen Stiften Lounge	Sager der Samler
15:00-16:30	Bingo! Come and have a nice afternoon playing Bingo. OBS! Signup necessary.	FO-Byen Bridgeroom	Airbnb & Ældre Sagen

Friday September 27th

When	What	Where	Who
15:00-16:00	Speed date an initiative Come meet the differents initiative from Sager der Samler.	FO-Byen Café Nicolai	Sager der Samler
15:00-17:30	Sport and volunteering Debate about youth volunteering in sports associations, voluntering and sports facilities. And Is Volunteering outdated?	FO-Byen Stiften lounge	Idrætssamvirke
15:30-18:00	Aarhus City Welcome An annual event for all internationals living in Aarhus.	Dokk1	Aarhus City Welcome
16:00-17:00	Find an initiative or start your own Brainstorm you idea or discuss your engagemen in an existing initiative.	FO-Byen Café Nicolai t	Sager der Samler
16:00-17:30	Speed Meeting VisitAarhus is rethinking the "speed dating" concept by creating a new way for	FO-Byen Stage	Visit Aarhus
	contributors and volunteers to meet each other.		

Friday, Se	ptember 28th		
When	What	Where	Who
16:30-17:30	Grizzly Stop by Århus City Welcome and say ''hi'' to Bakken Bears' mascot.	Dokk1, Århus City Welcome	Bakken Bears
16:00-19:00	FrivilligBørs Networking event connecting private companies, public institutions and voluntary associations to enter a strategic partnerships.	FO-Byen room VA8-105	Frivilligcenter Aarhus
17:00-18:00	Tours on wheels Discover Aarhus from a wheelchair.	FO-Byen Stiften lounge	Sager der Samler
18:30-19:30	Funds Have a chat with different founds, and get the opportunity to apply for money for your association.	FO-Byen room 104	Frivilligcenter, Frivilligrådet, MSO, MKB, MTM & MSB
18:00-19:00	Meet Frivilligcenter Aarhus The communication tear from Frivilligcenter Aarhus is a team of engaged and devoted volunteers, whom helps citizens to find the right mission.	FO-Byen Yard n	Frivilligcenter Aarhus

Saturday,	September 28th		
When	What	Where	Who
09:30-15:30	Volunteer Academy Through different workshops and activities, the participants will learn about volunteering organi- sations while making new friends with others whom share the same passion for volunteer work.	FO-Byen Rooms: VA8-105 VA8-003 VA8-201 VA8-202 VA8-203 VA8-209	Århus Youth Council & Kaospilot
10:00-11:30	Proxies: Tips and advice on law for seniors Get practical and legal advice from an attorney from Advokatkompagniet on proxies, testament - When is it relevant?, married or unmarried - What is the legal significance?	FO-Byen Lille sal	Ældre Sagen
10:00-15:00	Try rollerski with Aarhus Ski Club Come test your balance and coordination on a pair of rollerskis.	Rådhuspladsen	Aarhus Skiklub
10:00-11:00	Meditation Guided medidation.	FO-Byen room VA8-009	Østjyllands medidations- forening
10:00-12:00	Falun Gong exercise Learn about self-cultivation method. The exercises are simple and easy to learn.	Rådhusparken Tent	Falun Dafa

Saturday,	Saturday, September 28th				
When	What	Where	Who		
10:00-10:30	Democratic fitness Exercise your democratic muscles - with special focus on activism	FO-Byen	Sager der Samler		
10:00-12:00	Aikido workshop Learn to protect yourself and to become stronger using your inner strength by being present and focused.	FO-Byen room VA8-207	Aikido Yuishinkai Aarhus		
10:00-14:00	Exhibition and information Get to know the association Økologisk Samsø.	Rådhusparken, Tent	Økologisk Samsø		
10:00-17:00	Baseball Roadshow Baseball fun for kids age 6-12.	Rådhusparken	Århus Baseball		
10:00-18:00	Pop-up Bylivshus Get a taste of some of the many different activities that you can experience daily at the Domen of vision and other places in Aarhus.	Rådhuspladsen	Innovation og Medborgerskab		
11:00-12:00	Tours on wheels Discover Aarhus from a wheelchair.	Rådhuspladsen	Sager der Samler		

Saturday,	September 28th		
When	What	Where	Who
11:00-12:00	Fashion Show Sustainable Fashion Show. Get inspired for your sustainable war- drobe!	Rådhusparken	KlimaX
11:00-13:00	Street-fight self- defense Discover effective self-defense techniques and physical activities that everyone can parti- cipate in, regardless of level.		Street Style Kampkunst
11:00-13:00	Summit of the Species Experience a summit ehere the city's animals and plants take over the negotiating table.		Sager der Samler
11:00-13:00	Life library Personal and current conversations about everyday activism and well-being.	FO-Byen Stiften Lounge	Sager der Samler
12:00-13:00	Cand. Volun do volunteers want education Do a wide range of competency develop- ment initiatives attract and maintain volunteers or do they instead sca- re potential volunteers away?	FO-Byen Lille sal	Røde Kors, Ældre Sagen & VIA

When	What	Where	Who
11:00-13:00	Ren By Aarhus and Waste Hunt says it cigarette Butts We collect waste that we subsequently make into art that we can use to decorate the urban space.	Rådhusparken	Ren By Aarhus & Waste Hunt
11:00-14:00	Meet Frivilligcenter Aarhus The communication tean from Frivilligcenter Aarhus is a team of engaged and devoted volunteers, Whom helps citizens find the right mission.	Rådhusparken n	Frivilligcenter Aarhus
11:00-14:00	Vulnerable Youth in Aarhus Come by for a cup of coffee/tea, cake and meet our users, hear their stories and talk with a volunteer.	Rådhuspladsen	Blue Cross Youth Initiative
11:00-14:30	Senior Festival Experience when generations meet for a musical playroom, watch Vietnamese dance and other performances from Aarhus cultural life or hear exciting presentations on senior activism and much more.		Frivilligcenter for Seniorer, Vi Senior, Samværd, Amatørkulturen, Sager der Samler & Sundhed og Omsorg.

Saturday, September 28th			
When	What	Where	Who
11:00-14:00	Meet Folkenetværket Folkenetværket works on health promotion and exercise. Everyone can attend, regardless of physical ability.	Rådhusparken	Folkenetværket
11:00-14:00	Carve and talk The 28th is international carve day. Come have a hyggelig day carving.	Rådhuspladsen	Gro selv & Samskab Aarhus
11:00-15:00	Hjertecafe Come in for a talk about hearts, heart diseases and related issues.	Rådhuspladsen	Hjerteforeningen
12:00-13:00	Activism in a different way Lecture about climate and biodiversity.	FO-Byen room 104	Extinction Rebellion Aarhus
12:00-14:00	Meditation workshop Guided meditation and sharing of mindfulness theories.	FO-Byen room VA8-009	Østjyllands medi- dationsforening
12:00-14:00	Grizzly Come say ''Hi'' to Bakken Bears' mascott!	Rådhusparken	Bakken Bears

Saturday,	Septem	ber 28th
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When	What	Where	Who
12:00-15:00	Snakerun Learn about snake bites and the many dilemmas that snake bite victims face in the hunt for medical care.	Rådhuspladsen	Doctors Without Borders
12:30-15:30	Global Goals Poem Writing workshop where you think about the solutions for the world's future by writing small fiction texts about the Global Goals with the help from Brønderslev's Writing School's.	FO-Byen room VA8-212	Brønderslev Writingschool
13:00-14:00	Walk in Other People's Shoes Learn from other people's experiences, by taking a walk with others.	Rådhusparken	Walk in other peopl's shoes
13:00-14:00	Tours on wheels Discover Aarhus in a wheelchair.	Rådhuspladsen	Sager der samler
13:00-15:00	Aarhus acts for Climate Let's meet and exchange good ideas about what we can do together for the climate.	FO-Byen Café Nicolai	Sager der Samler

When	What	Where	Who
13:15-14:15	Alone we can do so little; together we can do so much. Which benefits and potential complications rises when the collaboration between volunteers and the municipal gets stronger?	FO-Byen Lille sal	Ældre Sagen & Red Cross
13:15-15:15	Children and anxiety Presentation about children with anxiety, by the Chairman of the Association for Children with Anxiety, Mia Kristina Hansen.	FO-Byen room VA8-105	SIND Aarhus- Samsø
14:00-15:00	Climate quiz Quiz about climate and biodiversity crisis.	FO-Byen room 104	Extinction Rebellion Aarhus
15:00-16:00	Meditation Guided medidation.	FO-Byen room VA8-009	Østjyllands medidations- forening
14:30-15:30	Hearing Loss and Loneliness What can you do about hearing loss yourself, and what can you do to help a hearing impaired person out of involuntary loneliness.	FO-Byen Lille sal	Ældre Sagen & Høreforeningen

Saturday, September 28th What When Where Who Sager der Samler 15:00-17:00 Syrian Film Days FO-Byen room 108 **Presents** A special preview of the movie 'Another **News Story'** with subsequent reflections. 16:00-17:00 Rabble Aarhus Rådhusparken Rabble Aarhus Play new versions of well-known schoolyard games. Find the complete description of activities on

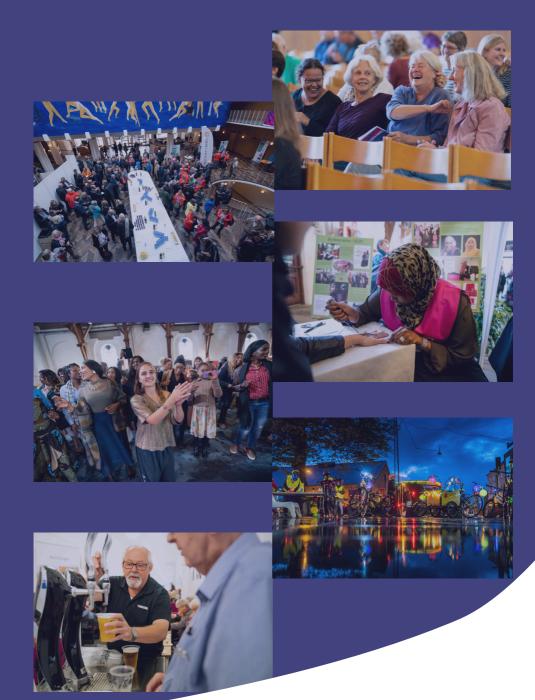
www.folketsmoede.aarhus.dk/program-for-folkets-moede-2019

FOLKETS MØDE -VOLUNTEER FESTIVAL 2018

"The Folkets Møde Festival has been a unique occasion to stop and reflect on topics related to volunteering, which, in our hectic daily routine, we do not have the time to take into consideration, a unique occasion to bring to the surface problems common to many voluntary organizations and an opportunity to celebrate once again Aarhus for its energy and resourcefulness in the voluntary sector."

"Everything typical ingrediwas seasoned with some Danish culture: talks which were open to promote democracy evervone and non-hierarchical society, child-friendly activities designed for families and dynamic initiatives proposed by the volunteering organisations themselves"





FOLKETS MØDE

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Get more informations on





www.folketsmoede.aarhus.dk















